



600 Ferry Street
Lafayette, IN 47901-1142
765-742-4079

Edward J. Tourangeau, Rector

www.stjohns-laf.org

[e-mail:stjohns@stjohns-laf.org](mailto:stjohns@stjohns-laf.org)

Music Continues As Outreach

There are fliers posted around the building.....there will be a Concert and service of Evensong on March 4 at 3:30pm. This liturgy will support Big Brothers and Big Sisters of Wabash Valley. We will learn about their mission and faith based ministries.

The “*Reeds of Mariah*” will perform music for oboe, clarinet and bassoon. Performers include Sharron Howard, Katrine Brown and Jennifer Kirkman. The liturgy begins at 4:00pm, and is the final Evensong of the program year. Our choirs, guest organist and concert artists appreciate your support.



A View from the Big Pew

Dear Friends,

You may well be aware that St. John's has an operational Worship Committee. You may not know the full membership of the committee so let me introduce them: in addition to myself both Heidi Kauffman and Michael Bennett are members ex-officio, and the congregation is represented by Jim Marciniak and Adrienne Hanson from the early service and Ted Paget, Linda Jeffries, Ashley Bigelow and Chris Voorhees from the later service. Marylin Howland is also a member, currently on furlough until her health returns in full. Call them the *Gang of Nine* if you wish, but they serve us well.

Because in the Episcopal Church worship is under the authority of the rector in accordance with the national canons and the rubrics of the Book of Common Prayer, the purpose of the Worship Committee is advisory only. Your committee fills this role quite well. The committee is developing confidence in the planning of special liturgies such as our Family Christmas Eve service (Ashley Bigelow has taken the lead on these), and in recruiting lay persons to positions of responsibility within our liturgical life (calling forth leadership for our various liturgical ministries as vacancies arise). The committee is working with Sue Bracey so it can better understand the way we plan for and decorate the church for worship, be that a normal Sunday or a Christmas or Easter festival.

At their last meeting the committee reviewed the way St. John's observes Holy Week. We discussed the timing and the number of our special Lenten liturgies. The possibility of sharing, in rotation, with the Chapel of the Good Shepherd the hosting of the Good Friday and Easter Eve services, with one of the congregations hosting one of the two services each year. I advised them that I had accepted again the invitation of Trinity United Methodist Church to share in a Palm Sunday blessing of the palms on the street common to all the neighbor churches. You'll remember that some folks from St. Mary's Cathedral come down the hill to join in this liturgy last year.

Since our meeting Good Shepherd has responded positively to sharing for Good Friday and Easter Eve. So we will now decide which congregation does which service and begin to plan for that. Wherever it is, the Good Friday service will be at noon-time. It will be the Prayer Book liturgy that we normally do, but shifted to the mid day to heighten the commemoration of Jesus' crucifixion. (Wherever the Good Friday service is held, here at St. John's we will continue to have our Liturgy of Remembering for our kids later on Good Friday afternoon.) And wherever it is, the Easter Vigil will begin at a convenient time after dark. The following year we will "flip" locations, and then evaluate the experience.

The decision to combine and share these liturgies gives us the chance to bear down on and be a bit more intentional about the other Holy Week services we have here in the parish. One thing the Worship Committee would like to restore and emphasize is the Maundy Thursday tradition of the Altar of Repose.

This devotion comes out of Jesus' query to the disciples as they dozed in the Garden after the Last Supper, "Can you not watch with me one hour?" The practice developed of reserving in a more public place the blessed bread and wine to be used the following day for the Good Friday liturgy, and inviting people to keep vigil, to "watch" in the presence of the blessed bread and wine, the sacramental

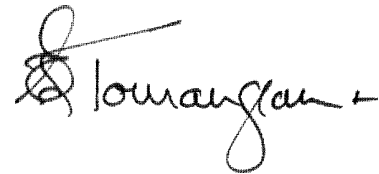
presence of Jesus, for a time. That time might be spent in prayer, in private reading, or simply in quiet sitting and reflection. With more elaborate planning there might be a recitation of psalms, some readings, and the like. People would come, stay for a time, and leave; and the goal was to do this through the night and until the Good Friday liturgy began.

As is the case with many things in our increasingly busy and complex world, the practice of being out at night alone and sitting in an otherwise dark church fell victim to concerns of increasing age, Friday work schedules, and concerns about personal safety among other things. That's certainly been true here.

But the Worship Committee invites us to apply ourselves to this devotional practice again. It may just be that we are a "new" enough congregation that this practice would be of value both to those who've never done it before as well as those who remember the good old days.

This year we will mount a full offensive, hoping to help all who are so inclined to accept Jesus' invitation. We will create a small garden in our chapel, which is itself an integral element of the Memorial Garden. To give mutual encouragement, we will have sign-up sheets available for several weeks before Maundy Thursday so that you might let one another know when you are willing to watch (it may be that others would participate if they knew they would not be alone). We will ensure that there is some spiritual reading (perhaps even some meditative music) available. I'm certain that if the need were known we could arrange for a sitter on Friday morning so as to make it possible for those who have the care of children to participate and accept Jesus' invitation as well.

Sue Bracey will be in charge of preparing our "garden" and if you'd like to help please contact her at 474-2938 or <braceys@verizon.net>. I hope many of you will give this devotion a try, as a part of your Lenten and Holy Week observance. And thanks to the Worship Committee for their work on behalf of us all.



Adult Forum in Lent

Six Sundays February 25 through April 1.

Hallelujah: The Bible and Handel's Messiah

Bill McInerney will facilitate. Meet in the Outreach Room downstairs by the Food Pantry. To order a book contact Heidi Kauffman at hkandr@yaho.com or 463-3873.

Lenten Series

Five Thursday evenings in March from 6:00 to 7:25. Supper provided.

Mission and Ministry through the Millennium Development Goals (MDGs)

Facilitated by Hilary Cooke and Heidi Kauffman.

Meet in the Commons.

The packet for this study will be provided by St. John's. Please contact Heidi Kauffman at hkandr@yaho.com at 463-3873 so we know how many copies to make.

Quiet Day in Lent

March 24

Come, relax, pray, meditate, read, or write during this day of quiet. The day will begin at 9:00 and end at 3:00. There will be short and optional opportunities for learning alternated with longer times for prayer, reflection, meditation, reading, and writing. The schedule lends itself to coming for half the day if that fits your schedule better. Lunch will be at 12:00. Please contact Heidi Kauffman at hkandr@yaho.com or 463-3873 if you plan to join us for lunch.

St. John's Book Club

What are we reading for March: *Thunderstruck* by Erik Larson

We loved *The Devil in the White City!* We raved over *Isaac's Storm!*

So, when Erik Larson's new book, *Thunderstruck*, was announced we were ecstatic! As in his first two books, Larson turns history into what reviewer Rick Kleffel calls "page turning mania." His writing style is devoted to detail; both in recreating the historical time period for his reader and in bringing his subjects to life. It is history that reads like fiction with intertwining plots and stories, suspense, and murder. You really don't want to miss this book!

Please plan to join us in the Bishop's Parlor on Wednesday, March 21st from 7-8.

-Kristine Kealey

U2charist a success!

Thank you all for supporting the first ever Greater Lafayette Area U2charist. The Episcopal community was well represented at the gathering of nearly 200 people. Thanks to anonymous donor from St. John's and a Diocesan grant we were able to cover all our costs with some seed money left over to be sent to Heifer Project along with the evening's offering. The offering collected at the service totaled nearly \$4,600 and checks are still coming in. I have no doubt that we will reach our stated goal of \$5,000 by the end of the week. I know that it is largely due to the support of St. John's people that we will reach our goal. On behalf of the U2charist planning team I want to thank all of you for everything you have done: for your prayers; for your participation; for the delicious communion bread; and for your financial support. The U2charist is only a first step, so keep your eyes open for more ways to help "make poverty history."

HEC



Supporting Persons Who Are Grieving

Joy Kauffman King*

From personal experience, and hearing the stories of other persons, I realize that many people want to express their caring, but don't know what to say, or how they can be supportive. Here are some suggestions that I hope will be helpful. You will find your own ways as well.

1. There is no time table or pattern for grieving. Be aware that much intense grieving can take place in the first two years, but time varies with each person. Do not expect a bereaved person to be back to 'normal' in a matter of months.
2. When greeting the person, you might say, "I think of you so often, you must miss (name the deceased) so much."
3. Sometimes a warm hug or the words "I'm sorry" are all that is needed. Most persons miss human touch if they live alone. Assure them of your prayers.
4. Let the person you love know how much you miss the deceased. Say the deceased person's name. Don't be afraid of tears, yours or theirs. Tears bring healing and release. The bereaved is already crying inside, and feeling great sadness.
5. When you talk about the deceased, or acknowledge the loss and grief you establish significance for the person's grief and for the life of the deceased.
6. Invite the bereaved to talk about their loved one, or to tell stories of their experience in the last days with the deceased, whether illness or a sudden death.
7. Share meals with your friend. Invite the person to activities for couples. He or she misses interaction with both sexes. It hurts to have a friendship severed because one no longer has a spouse. Why should you lose your friends when you already have lost a spouse?
8. Sundays can be especially lonely. For a period of time friends picked me up on Sunday AM and took me home as well, sometimes after a meal. Others invited me to a concert or another activity. Sitting with your friend in church is another way to bring comfort.
9. The phrase "Let me know if I can do anything for you." is not helpful. Saying "I want to do something for you." or "What can I help you with?" or "I'm free today to help you." or any concrete offer such as "I would like to rake your leaves this week, when might I do that?" is helpful.
10. Grieving takes much energy. The first months can feel like a daze or feel numbing. Emotions are unpredictable.
11. Notes and cards are never late. Encouragement and just being remembered are always appreciated. First anniversaries of the date of death or other special occasions such as holidays can be very difficult. Notes or cards at these times can be especially comforting.
12. Offer your expertise and knowledge to help lighten the burden in areas that are needed. Offer to teach or advise the bereaved who is forced to learn a new skill after a spouse is gone.

13. Listen carefully to what your friend says he or she needs. Be a sounding board for decisions that need to be made.
14. Educate yourself by reading books about grief. The local library and bookstores are good sources.**

Life will never be the same, but it can be good again.

*Joy Kauffman King is the mother of Heidi Kauffman and the “Nana” of Stuart and Sarah Kurtz. Her husband, Gerald, died in 1999 and reaching out to other’s who have lost a spouse has become an informal ministry for her. She was asked to write this article for another church newsletter after the death of a close family friend. Joy is married to Titus King and lives in Grass Lake, MI near Ann Arbor.

**Heidi Kauffman has Joy’s list of helpful books.



Witness of the Bulletin Board!

For the past several months, I have been refurbishing the Parish Bulletin Board in the hallway near the restrooms. Please know that EVERYONE is welcome to add materials to this bulletin board. If you want your items back, just write your name on the back and I will return them to you!

If you have a BIG idea and/or would like to help me “freshen up” this ‘witness to visitors and reminder note for parishioners’, let me know. I would enjoy help with this project. I plan to refurbish the Board for the Easter season...please contact me.

Amy Paget, 742-4239 or paget_family@yahoo.com

Prayer According to Meyers-Briggs Typology

This is just for fun during Lent, but there may be insights here and you might see yourself and your manner of prayer. The Good News is there's more than one way to muddle forward in our prayers, and to a degree they grow out of the distinctiveness of our personalities. So if you're frustrated with what you judge is your inability to pray as you think you should, this might help.

ENFJ: God help me to do only what I can, and trust you for the rest. And do you mind putting that in writing?

ENTP: God, help me follow established procedures today. On second thought, I'll settle for trying them for just a few minutes.

ENTJ: God, help me to slow down and not rush through what I do. Amen.

ESFJ: Lord, give me patience and I mean right now!

ESTP: God, help me to take responsibility for my own actions, even though they're usually not my fault!

ESTJ: God, help me to not try to run everything. But if you need some help, just ask.

ESFP: God, help me to take things more seriously. Especially parties and dancing.

INTJ: Lord, keep me open to other's ideas, wrong though they may be.

INFJ: Lord, help me not to be such a perfectionist. Did I spell that correctly?

INTP: Lord, help me be less independent, but let me do it my way.

INFP: Lord, help me to finish everything I start.

ISTJ: God, help me to begin relaxing about little details. Please begin tomorrow at 11:41.32 a.m.

ISFJ: Lord, help me to be more laid back, and help me to do it exactly right!

ISTP: God, help me to consider people's feelings, even if most people are hypersensitive.

ISFP: Lord, help me to stand up for my rights! (If you don't mind my asking)

ENFP: God, help me to keep my mind on one thing ... Oh, look a cardinal! ... going at a time.

Borrowed from Ellis Harsham, c/o Type & Temperament, Inc., PO Box 200, Gladwyne, PA 19035-0200, via EFM Mentor Training

UTO

Have you found the booklet, *UTO Prayers II*, in the parish hall? These prayers have so much to offer us as individuals and families. Please take one home and ENJOY. The following is one of the many thoughtful prayers offered:

Heavenly Father, from whom we receive every good gift, we give you thanks for these among many: Healing, Forgiveness, Love and Light.

We ask that you heal our hurts, as we strive to be healers and peacemakers, each in our own small corner of this broken world. Forgive our human mistakes and grant us the grace to forgive others. Help us to love openly, freely, and fully. And finally, keep us in your light all of our days so that we will reflect the joy and peace found only in a life of service to you. In the name of your Son, and our Savior, Jesus Christ. AMEN

Harriett Neer
Diocese of Arkansas

Yours in Christ,
Mary Louise Davis



Acolyte Training Session

An acolyte meeting has been scheduled for Saturday, March 10 at 10:00 AM. We will meet in the nave. If you are currently an acolyte or are interested in learning about this ministry, then please put this meeting on your calendar. This is a training session where we will go over the choreography of the worship service. Several things have changed and it is important that all understand their responsibilities. Let Greg McClure (567-2512) or the church office know if you will not be able to attend.

Acknowledgements

Throughout the past year we acknowledge, with thanks, these gifts to St. John's,
given beyond pledges to the operating budget

Gifts from eighteen individuals or parish families for ***Easter flowers and decorations;***

A monthly gift as a thank offering to the ***Building Fund;***

Three gifts for the maintenance and future improvement of the ***Columbarium;***

A special ***Christmas offering*** from forty-seven individuals or parish families;

Gifts from twenty-three individuals or parish families for ***Advent and Christmas flowers and decorations;***

Gifts from seventeen individuals or parish families and cash offerings to support the ***Diocese of Jerusalem;***

Gifts from nineteen individuals or parish families to support ***Episcopal Relief and Development;***

Evensong offering to benefit ***Planned Parenthood;***

Gifts in memory of Betty Canfield, Charles Rushmore, David Rankin, Evelyn Ball, Glenn Schoenhals,
James Hull, Jean Lister, Phil Tourangeau, Ruth Bender and Elizabeth Watson;

Gifts from more than seventy-two individuals or parish families to benefit ***Jubilee Christmas;***

Five gifts to further our ***Outreach*** ministry; including gifts to the ***Zita Fund;***

Gifts from more than sixteen parishioners to the ***Rector's Discretionary Fund;***

Gifts from twenty-six individuals or parish families to benefit the ***St. John's / LUM Food Pantry;***

Gifts from more than twenty-nine individuals or parish families to benefit ***United Thank Offering;***

Gifts from more than seventeen individuals or parish families to support the ***Bishop's Discretionary Fund;***

Gifts from six individuals or parish families and cash offerings to the ***Episcopal Fund for Human Need;***

A contribution to support the work of the ***Youth Group;***

Strawberry Shortcake Booth proceeds to support ***scholarships to Waycross Camp & Conference Center;***

A gift for ***computer equipment and software updates;***

Gifts from forty-three individuals or parish families for ***Kristin Dell's Purse;***

Gifts from ten individuals or parish families and cash offerings for ***Hilary Cooke's ordination.***